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CBD wins £50k for Development

We are delighted to announce that we succeeded in winning £50,000 from The National Lottery: People's Millions'. Our short film was shown on STV news on 23rd November. Thank you everyone who phoned in and voted. The funds will help to buy essential tools and equipment for the new workshops.

We have continued to make progress with the initial phases of our development project. The first of these new workshops is nearing completion and is located within St. John's wood in front of the main house.



Frame for joinery/estate workshop



Nearly finished!



Foundations for joinery workshop



David in front of the steel work

We will be moving into the new Joinery and Estate workshops in late January 2011. Throughout the construction phase, residents from the Student Representative Council have been regular visitors to the building site. This has been exciting for those involved, as they have had the opportunity to meet contractors, ask questions and comment on design.

Further to this, the main construction phase of the new courtyard hub for workshops will commence in April 2011. This building will house the new Craft and In Touch workshops, which will be completed by November 2011. Whilst this work is under way, the next exciting stage of our development project will commence, with the design process for the first of the two new double houses completed and building work commencing in November 2011.

As each phase of our development is completed, we will provide opportunities to visit with open days and events. We do hope you will join with us and experience the unique lifestyle and sense of community we are taking forward as we develop, grow and secure our future together.

COMMUNITY EVENTS

● **17 December**
Christmas Concert

● **25 January**
Burn's Supper

● **2 February**
Candlemas

● **8 March**
Pancake Day

● **22 April**
Good Friday

● **24 April**
Easter Sunday

Residents re-design courtyard

Residents in the SRC have been very busy this year. Using their new camera, residents have been taking photographs of what they are doing and what is happening in the community. They tell the story of these events through story-boards using their photos and personal statements.

Recently residents were involved in planning the re-development of Amber courtyard: choosing the new paving, deciding on raised flower beds, and providing wheelchair access. Meetings have included a visit to Dobbies to ask questions about ponds, fish and water features.

When asked about the courtyard, **Leanne Kenny** *looked excited and used the Makaton sign for fish, suggesting she is looking forward to having a fish pond.*

Ongoing site visits to St. John's Wood give the residents the opportunity to find out about what is happening and report back to the community with a story board.

"I like telling people what the storyboards are all about" Gordon Macconachie

Over the summer the residents have had lots of fun and become more confident using their camera. They were asked if they could make a Calendar for 2011 to sell at the Advent Sale.



Visit to Dobbies



Planning Amber Courtyard



Preparing statements for photos



Preparing the photo storyboards

In November they selected their favourite 40 photographs and put them on show for the rest of the community to choose which ones went into the calendar. SRC members used the laptop and PowerPoint to bring it all together.

"I like taking photos of the site and workshops"
David Thomson

appeal news

Over the last six months fundraising has focused on achieving large-scale donations from organisations and individuals. We are very grateful to The Robertson Trust, the Rock Lodge Trust, Hugh Fraser Foundation and Russell Trust amongst others, for their donations. We've also been fortunate to receive company donations including a generous gift from CDL Vehicle Information Services.

Whilst our main activity focuses on these larger gifts, we've been very grateful for the enthusiasm of all our friends. Personal gifts and fundraising events have helped to build up a pot of unrestricted giving which all helps towards our target (see stories opposite).

To date all your efforts have helped us achieve nearly two thirds of the money needed for the first two phases of our seven-phase development. Thank you everyone for all of your efforts!

Makaton Signs of the Week



COAT



WINDY

It's a marathon not a sprint!



I was honoured to run the 2010 London marathon on behalf of Camphill Blair Drummond to raise funds for the Capital Development Fundraising appeal.

After overcoming the initial shock of news of my entry, many friends and colleagues generously offered their support which acted as a motivation during the long training runs in bleak February and March.

This all paid off on race day in April when I was one of the 36,000 runners lined up in eager anticipation, and a degree of trepidation, awaiting the start gun. However, before I even reached the start line my Camphill running vest was spotted by Lorraine Kelly of GMTV fame who asked all about the worthy cause for which I was running. Her parting words of advice, "remember it is a marathon not a sprint!"

Winding my way through Greenwich, over Tower Bridge, under Canary Wharf and finally along the Embankment to the Mall outside Buckingham Palace was a very uplifting experience. 4 hours 32 minutes and 41 seconds is now a figure that will forever be ingrained in my memory as a reminder of the special day. **Graeme Percival**

Cycling across USA for CBD

I started cycling, unsupported, on 17th June from San Francisco and made my way through California crossing the Sierra Nevada mountain range and into Nevada. I then faced hundreds of miles of desert with very limited services into Utah and then hit the Rockies in Colorado, the highest point of my trip, on the great divide.

I then cycled into the flats and strong winds of Kansas and Missouri, trying to avoid tornadoes and thunderstorms. The weather and hills of Illinois, Indiana and the Ohio valley were more forgiving but then I faced the steep gradients of the Appalachian mountains. Pennsylvania and New Jersey threw me a few steep and unexpected climbs but it felt like the home straight and I arrived in Manhat-

tan, NY on Friday 13th August after 3,806.3 miles on the bike and roughly 1.75 million pedal strokes.

It was a great experience and I am glad that I could raise funds for such a worthy cause as Camphill Blair Drummond.

Will Murray



Christmas Tradition



By definition, traditions are a continuing pattern of cultural beliefs or practices that people follow. This includes Christmas trees and cards, and at Camphill Blair Drummond we made a decision to make our own decorations for the Christmas season to celebrate this important time of year.

Staff and students went about this with great gusto and the jewel in our crown was a Christmas star for our tree. There was, however a wee problem.

The star, like our enthusiasm, had grown and our star was slightly larger than we first thought. It would have fitted nicely on the tree in Trafalgar Square in London. We decided to hang it up in the library. It looked great!

So now each year, as a tradition, the Star is found and the Co-workers and residents re-decorate "our" star, placing it in a central location to highlight the journey through Advent to Christmas Day.



Decorating the star 2010

Spotlight: Martin Wotherspoon



Name: Martin Wotherspoon

Age: 24

Town: Falkirk

First visit to CBD: 2004

Workshops: Woodwork, Estate

House: Orion

What do his parents say?

When Martin arrived at Camphill Blair Drummond (CBD) a very shy, timid 18 year old, there was great concern for his future. Now, 6 years on you wouldn't

believe that he was the same lad. Thanks to CBD he has made steady progress, he loves going to woodwork and working on the estates in the afternoon and spending time with all his new friends. He goes on holiday with Orion House and this gives his dad and I a break, which we can do knowing that Martin is in good hands and having lots of fun.

Simple things that many people take for granted such as going out for a family meal have become much easier thanks to the time the people of Camphill have spent working with Martin to cope with noisy and stressful situations.

The future looks very promising for Martin and it's all due to the hard work that is done by CBD. Martin's dad, his brother Craig and myself will always be truly grateful for all the support and encouragement our son has received and long may his progress continue.

Jacqueline and Robert Wotherspoon

New fitness suite

Recently we were given a donation to purchase fitness equipment. The plan was to provide a wet weather alternative for the folk going out on the walking groups on a Wednesday and Thursday afternoon.

With the winter looming we researched what was available for the money we had and after a bit of time on the internet & telephone we struck a deal with a Major sports shop in Dundee and purchased a, treadmill, Bike & Rowing machine for just over £700, the equipment retailed at just over £2000. The equipment, all manufactured by Reebok was delivered a couple of weeks later.

We identified a room next to the milk larder that could be used as the CBD Fitness Suite. The equipment was bolted together and put in place. So far we have trialled the equipment and it works really well. We now need to instruct some staff in the use of the equipment so that they can supervise residents & day students

The next step is to introduce the Wii with the Fitness & Sports programmes, this will bring a new dimension to the fitness suite and at the same time retain the original theme. All being well it will be fully operational before the Christmas break.



The new fitness equipment

CONTACT US

This newsletter is published by Camphill Blair Drummond. If you would like more information about any of the articles in this issue please contact Jason Glass, Director of Operations. For information on our Appeal and fundraising contact Capital Appeal Manager, Charlotte Bray.

**Camphill Blair Drummond
Blair Drummond House
Cuthil Brae
Stirling
FK9 4UT**

**P: +44(0)1786 841573
E: together@camphillblairdrummond.org.uk
W: www.camphillblairdrummond.org.uk**